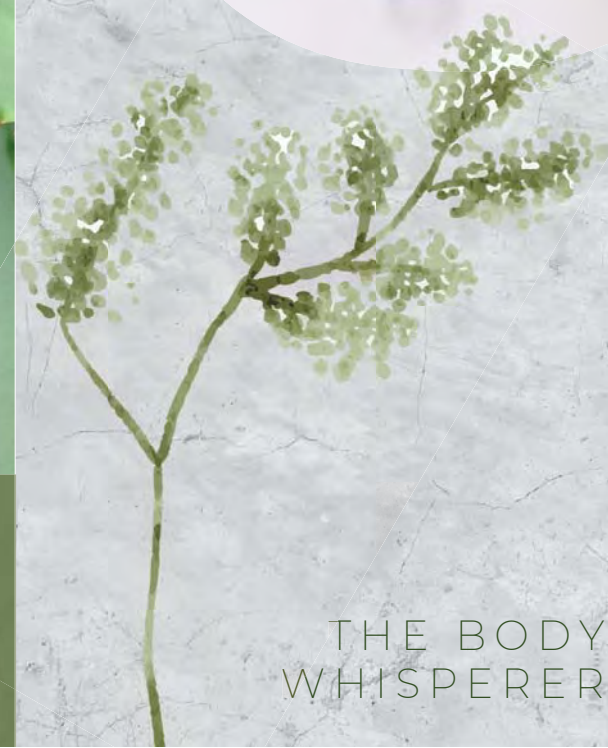


As a qualified and experienced wellness expert, I combine the training and skills of a Sports Massage Therapist, Muscle Rehabilitation Therapist, Personal Trainer and Reflexologist to deliver holistic care to individuals seeking assistance and guidance regarding their physical health and over-all well being.



THE BODY WHISPERER

TROUPANT PLACE, RANDPARK RIDGE
URSULA | 060 471 7302
By Appointment Only



THE BODY WHISPERER

PRICE LIST



FACIALS

Essential Facials

| | |
|----------------------------------|---------|
| Classic Facial..... | R400.00 |
| Hydrating Facial | R600.00 |
| Contouring Facial | R600.00 |
| Aloe Vera Facial..... | R600.00 |
| Non-Invasive Face Lift..... | R600.00 |
| Galvanic and High Frequency..... | R600.00 |

Specialist Facials

Duration: 30 minutes

| | |
|----------------------------|---------|
| Deep Massage Facial | R450.00 |
| Anti-Ageing Facial | R450.00 |
| Clarifying Facial | R450.00 |
| Exfoliating Facial | R450.00 |
| Lymph Drainage Facial..... | R450.00 |

MASSAGE

Full Body Massage

Duration: 60 minutes

| | |
|--|---------|
| Relax/Swedish Massage | R600.00 |
| Deep Tissue Massage | R600.00 |
| Hot Stone Massage | R600.00 |
| Remedial Massage | R600.00 |
| Baby Massage | R450.00 |
| Pregnancy Massage | R600.00 |
| Head Massage | R600.00 |
| Neck, Shoulders & Back or Legs..... | R600.00 |
| Hawaiin Massage..... | R600.00 |
| Lymph Drainage Massage..... | R600.00 |
| CuppingLymph Drainage Massage..... | R600.00 |
| Sports with Trigger Work Therapy Massage.. | R600.00 |

Targeted Massage

Duration: 30 minutes

| | |
|--|---------|
| Head Massage | R400.00 |
| Neck, Shoulders & Back | R400.00 |
| Foot/Reflexology | R400.00 |
| Hand Massage | R250.00 |
| Ear Reflexology..... | R240.00 |
| Lymph Drainage Massage..... | R400.00 |
| Sinus Relief Facial Pressure Point Massage..... | R400.00 |
| Glass Therapy Massage..... | R400.00 |
| Aromatherapy Massage..... | R400.00 |



SLIMMING

| | |
|------------------------------------|-----------------------|
| Cellulite Full Body Massage..... | R550.00 |
| Conturing Body Massage | R550.00 |
| Cellulite Body Scrub | R600.00 |
| EMS Slimming/Toning Sessions | R250.00 (Per Session) |
| Package: 10 Sessions | R1 500.00 |

HAIR REMOVAL

Waxing

| | |
|----------------------|---------|
| Face Wax..... | R150.00 |
| Lip/Eyebrow Wax..... | R45.00 |
| Full ArmWax..... | R150.00 |
| Half ArmWax..... | R80.00 |
| Under Arm Wax..... | R80.00 |
| Full Leg Wax..... | R250.00 |
| Half Leg Wax..... | R160.00 |
| Bikini Wax | R200.00 |
| Back Wax..... | R150.00 |
| Stomach Wax..... | R150.00 |

